

# The Yin Yoga Institute

## Ethics of Teaching



Always respect the sovereignty of each student's personal space and ask permission to touch a student before performing physical adjustments or physical contact of any kind.



Respect the religious and spiritual beliefs of all students and do not attempt to convert students into following any specific belief system.



Do not insist any student perform or maintain a posture or activity s/he feels uncomfortable with.



Teaching yoga is a privilege and a service to the common good and should not be exploited as an opportunity for inflating self-importance.



Respect the position of authority endowed a teacher. Always conduct myself in a courteous and professional manner. Refrain from engaging in any condescending, embarrassing, criticizing, discriminating, forceful, manipulative, or sexual behavior towards students.



Know my limitations. Teach in a manner appropriate to my level of skill and knowledge.



Always be supportive and encouraging towards students. Offer positive reinforcement for a student's practice regardless of a student's ability.



Always conduct business responsibly and with integrity.